

DYSAUTONOMIA

**WEIRD
NEUROLOGICAL
PROBLEMS?**



Dysautonomia

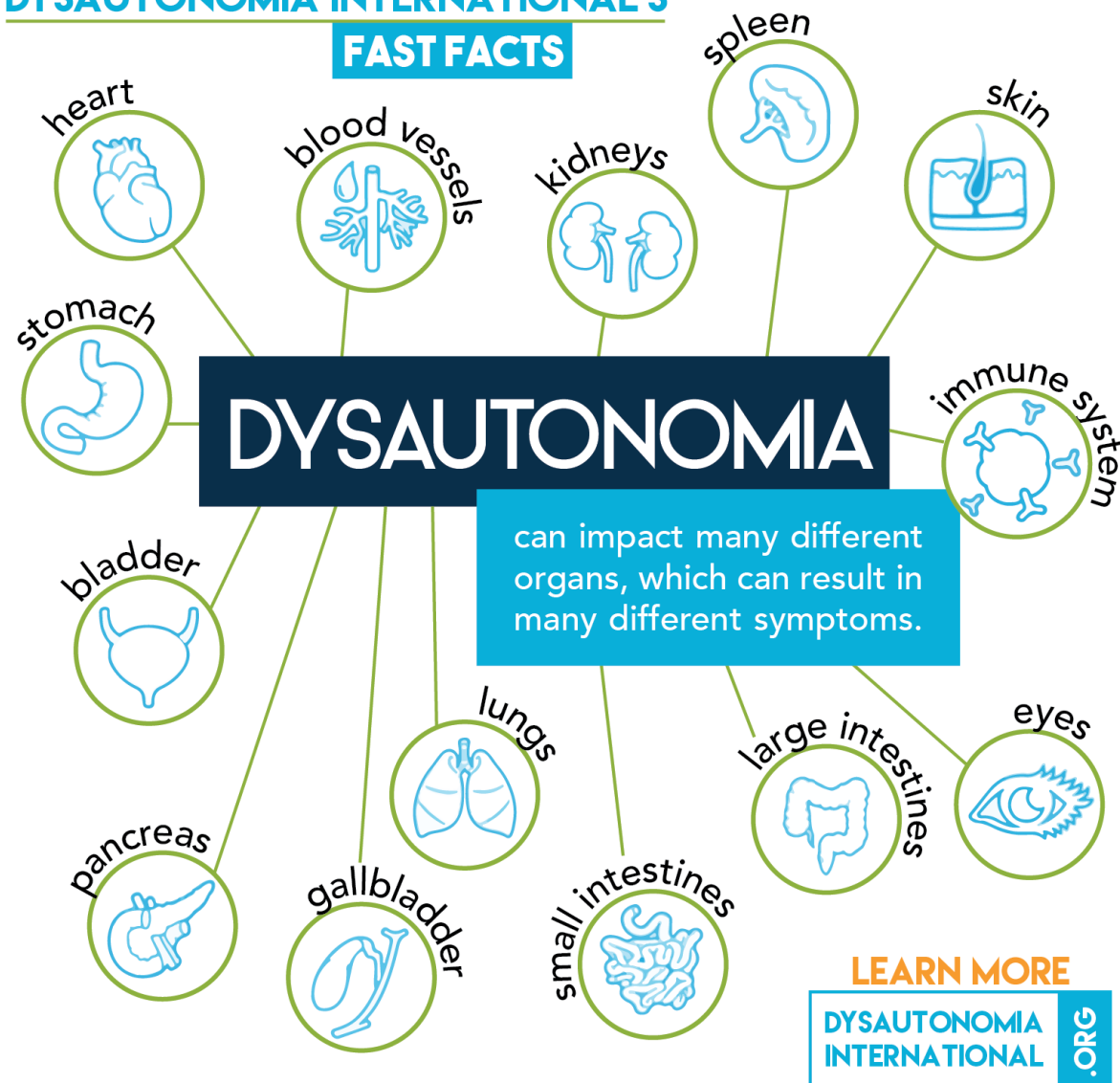
Over 70 million people worldwide live with various forms of dysautonomia.

Dysautonomia is an umbrella term used to describe several different medical conditions that cause a malfunction of the **Autonomic Nervous System**.

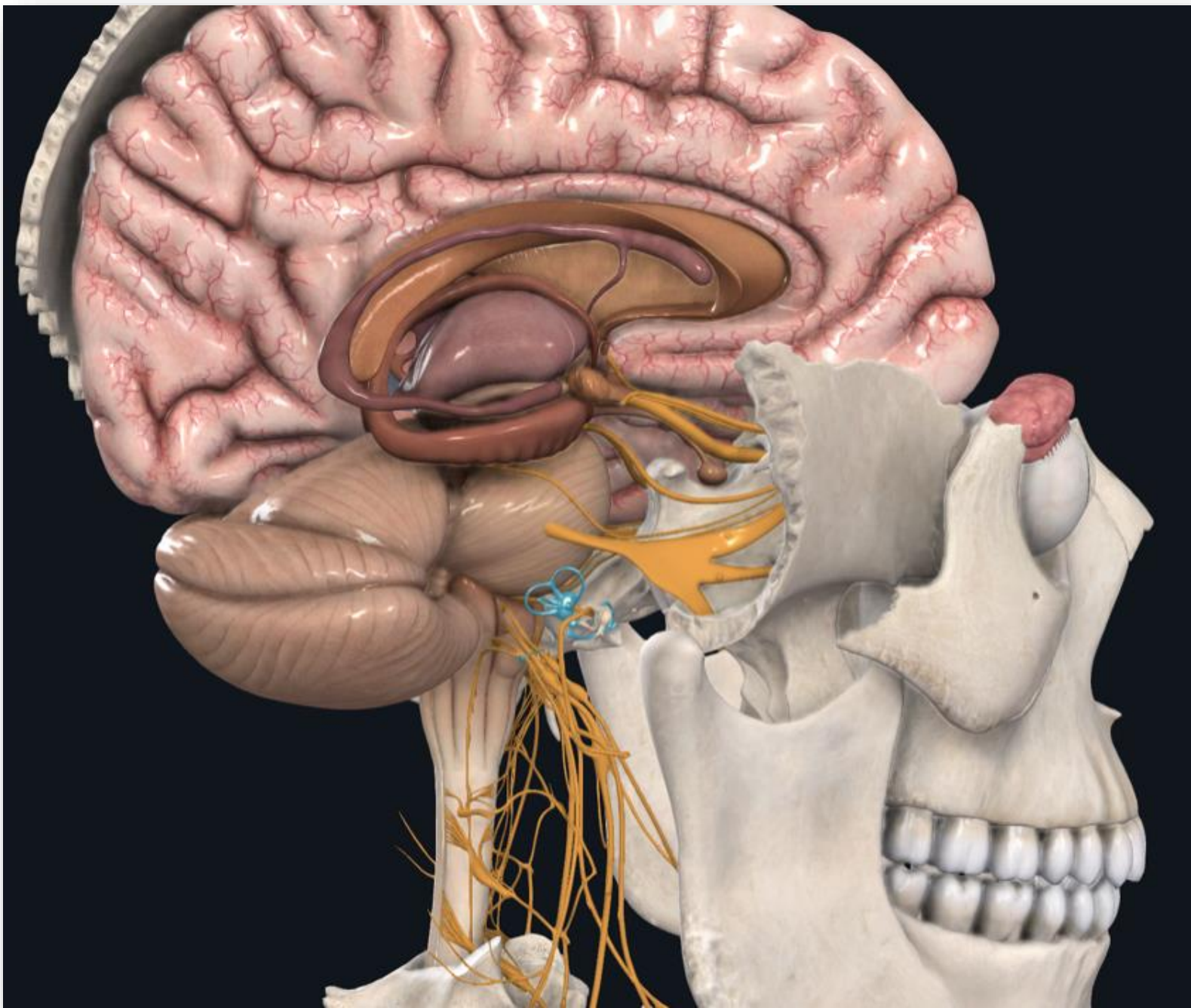
The Autonomic Nervous System controls the "automatic" functions of the body that we do not consciously think about, *such as heart rate, blood pressure, digestion, dilation and constriction of the pupils of the eye, kidney function, and temperature control*

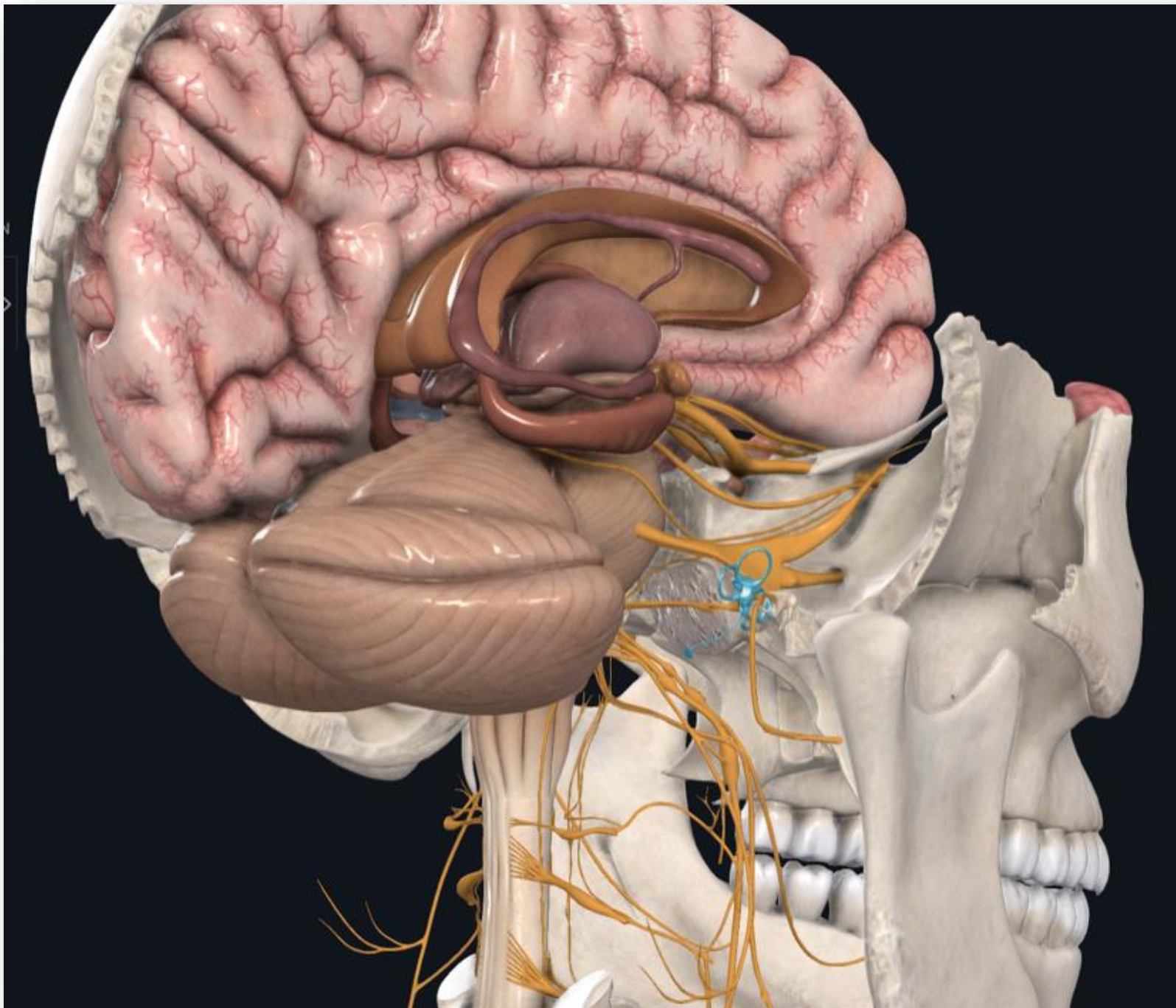
DYSAUTONOMIA INTERNATIONAL'S

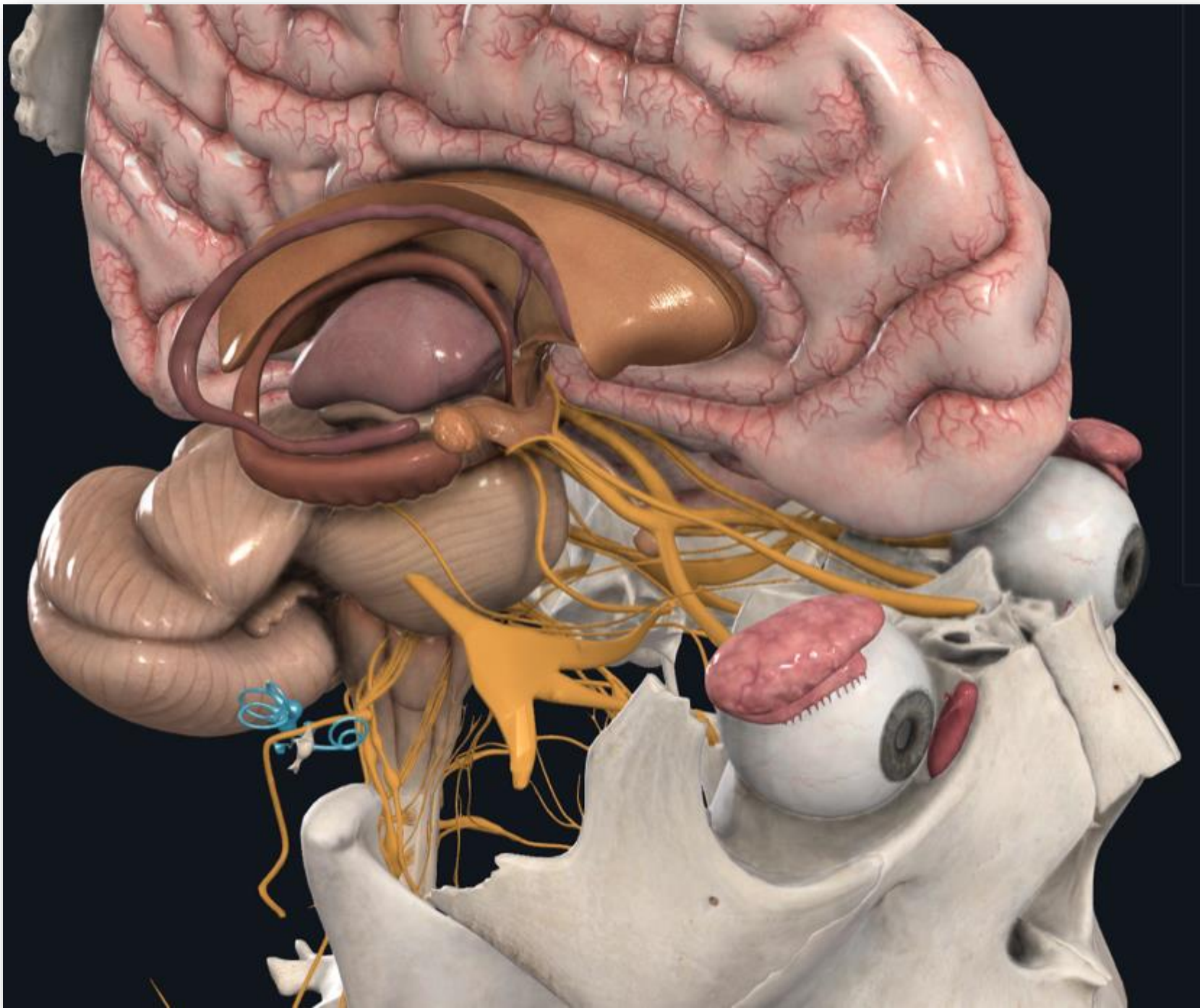
FAST FACTS



The problem is in your
brain you express it in
your **organs**







Dysautonomia

Imbalanced Nervous System

Common Symptoms Include:

rapid
heart rate

Orthostatic
hypotension

chronic
fatigue

Anxiety

Temperature
Regulation

Shortness
of Breath

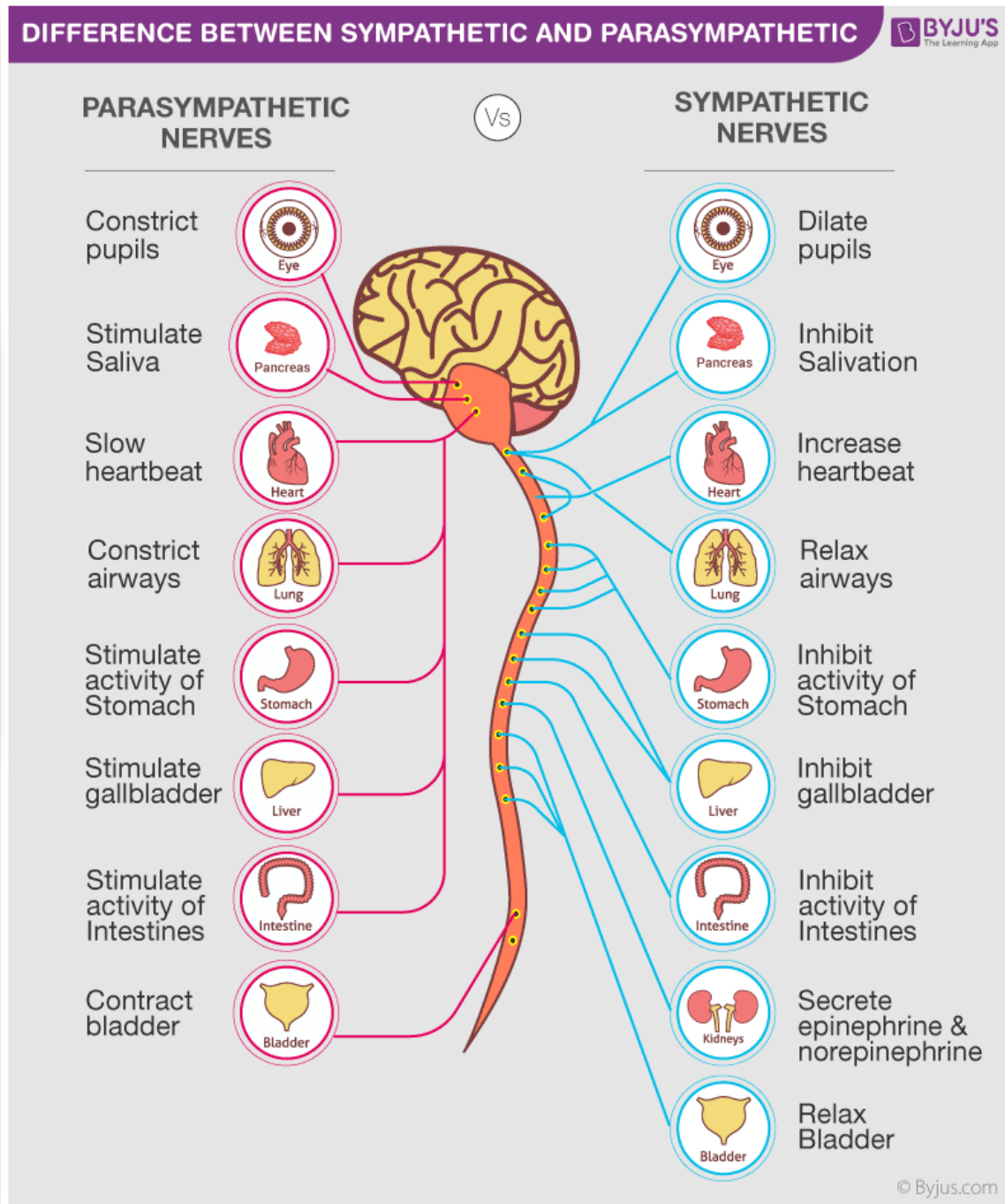
Irritable
Bowel
Syndrome

Migraine

Dizziness

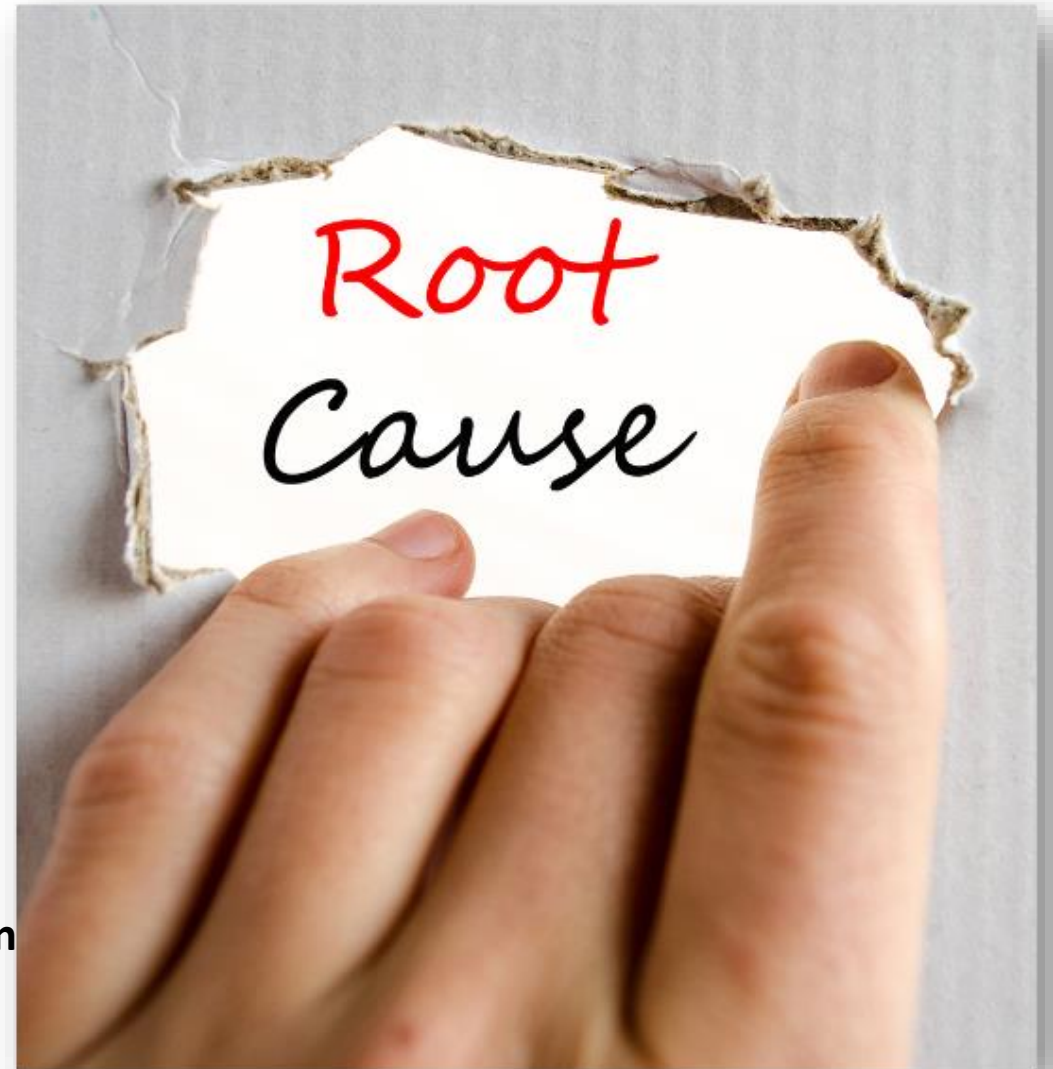


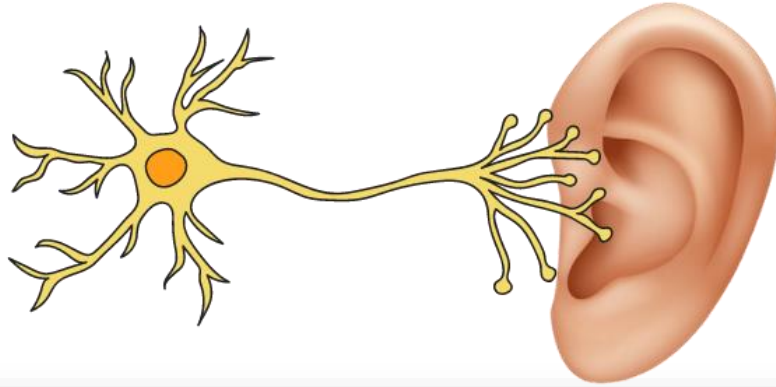
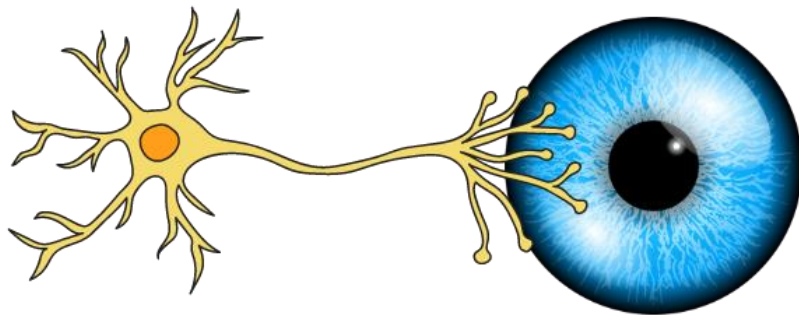
Relax
and
digest



Fight
or
flight

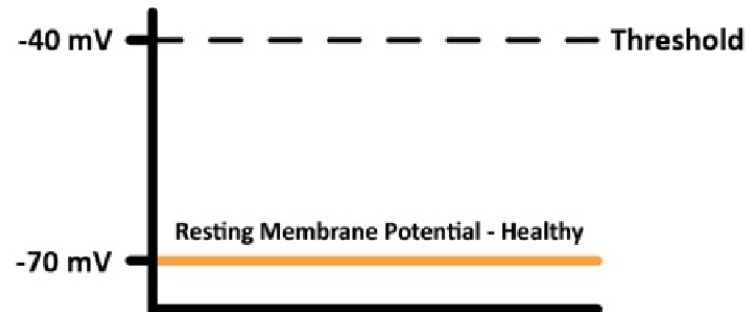
- Low Vitamin D
- Poor GI health
- Poor Cell membrane (Fish oil or Phosphorylcholine)
- Concussions
- Antibiotic damage
- Food sensitivities
- Gluten
- Dairy
- **Low blood pressure
- **Low blood sugar
- **Anemia (most cases SUB-clinical)
- High inflammatory marks on labs (CRP, SED, Homocysteine)
- Low magnesium
- Mold
- Heavy metals
- Stress
- Autoimmune diseases against your nervous system (very common)
- Not enough HCL to breakdown your foods
- High Insulin levels
- Being pre-diabetic
- Infections (EBV, Covid long haulers, mycoplasma ect...)



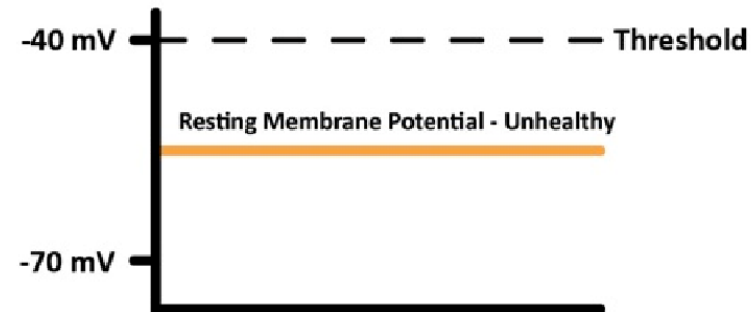


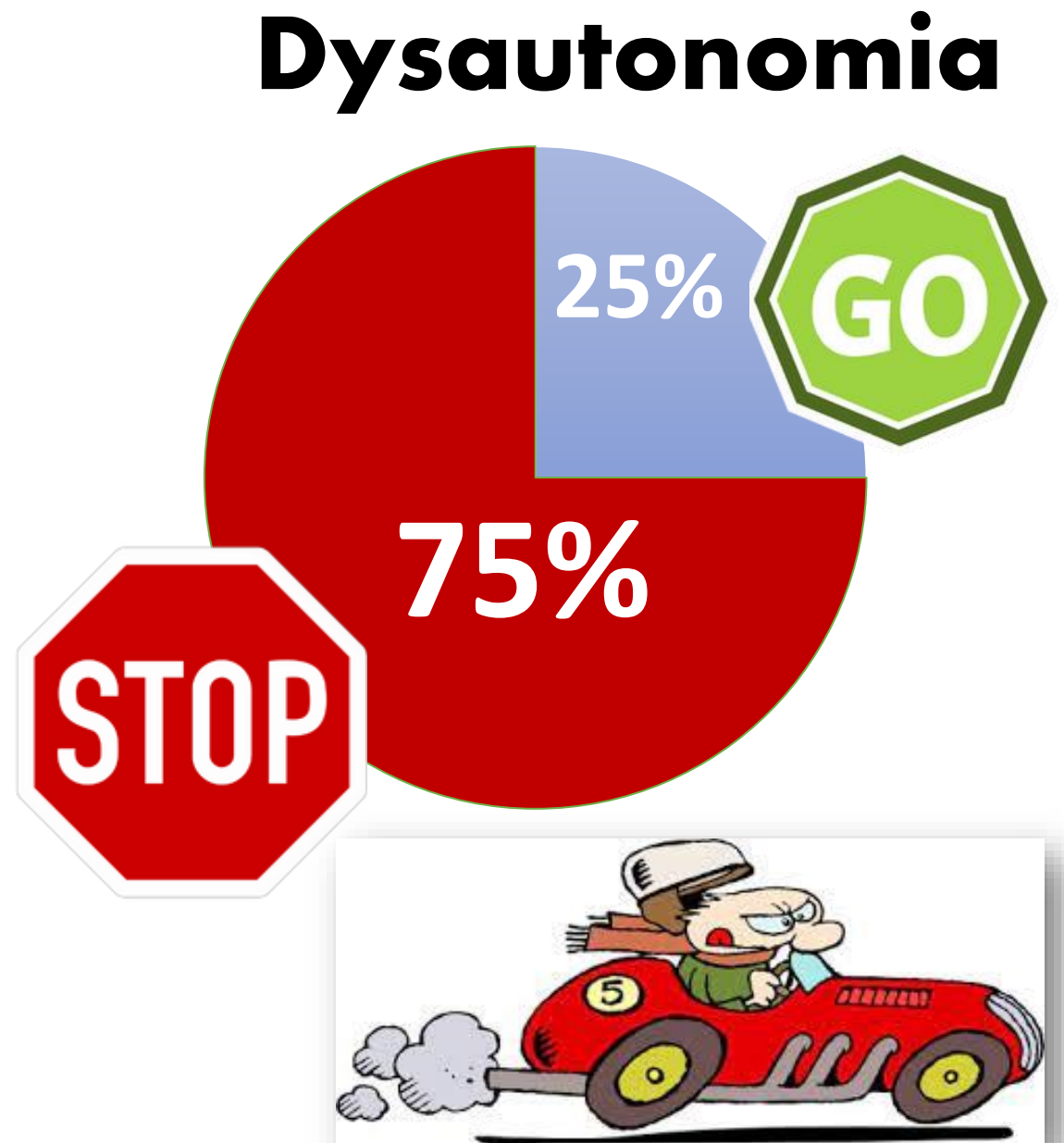
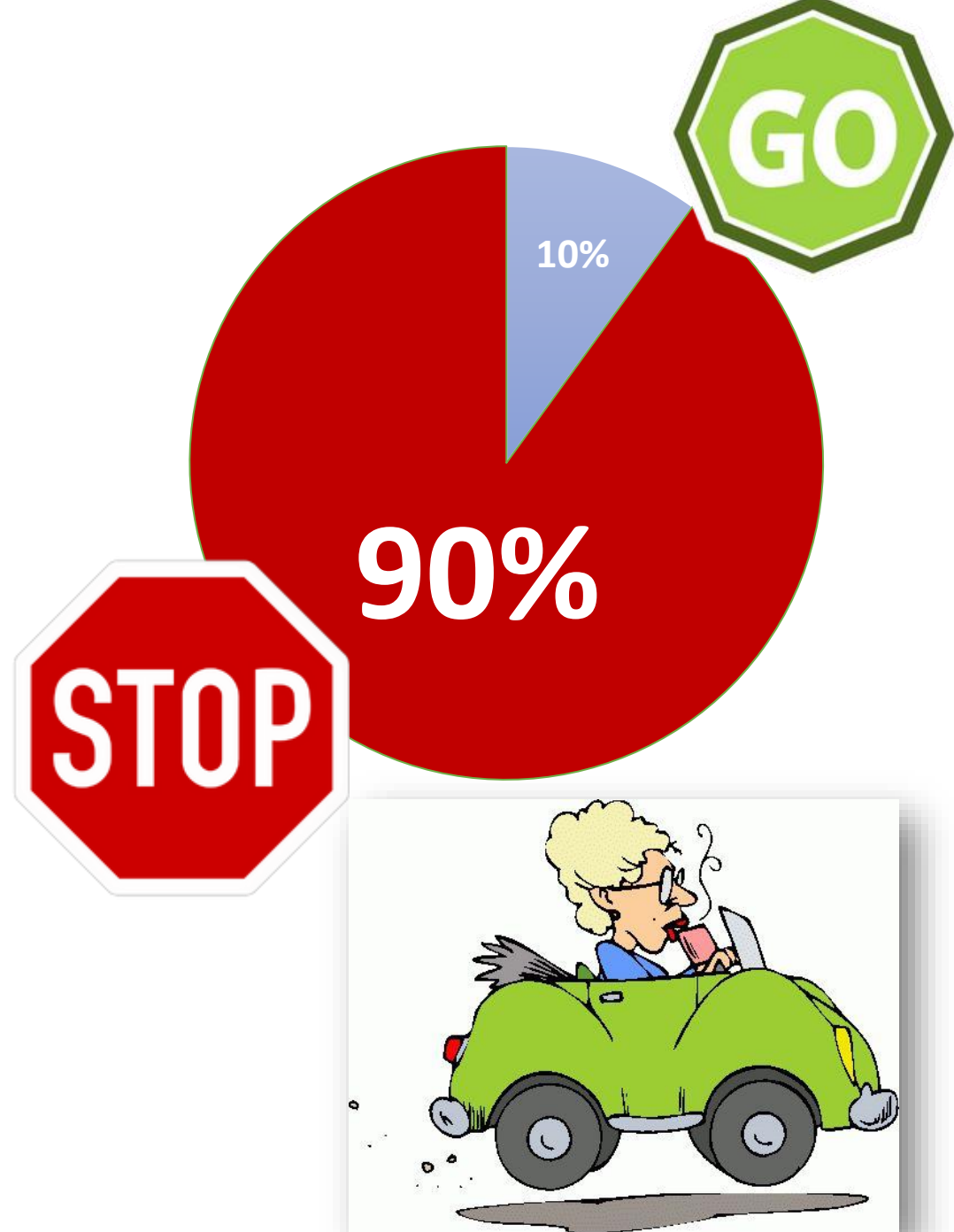
Light sensitivity
Sound sensitivity

Healthy Neuronal Resting Membrane Potential



Unhealthy Neuronal Resting Membrane Potential





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- Poor GI health
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- Hormones

